

Details of Advice for Patients

Instructions for Patients – SC Continuous Infusion

Patient Instructions for Drawing Up Desferrioxamine (Desferal®)

The water for injections is drawn into a syringe (7-10 mls).

- I. After cleaning the rubber stopper of the Desferal® vial with alcohol, the content of the syringe is injected into the vial.
- II. The vial is well shaken to dissolve the medicine.
- III. After re-cleaning the stopper with alcohol, the dissolved medicine is drawn into the syringe.
- IV. The extension tube is attached to the syringe and the empty space in the tube is then filled with the injection solution.
- V. The syringe is placed into the infusion pump and the extension tube connected to the butterfly-type needle.
- VI. For infusion the needle may be inserted under the skin of the abdomen, the arm, upper leg or the thigh.

It is important to clean the skin very thoroughly with alcohol before the needle is inserted firmly up to the wings into a fold of the skin.

- I. The needle is then fixed and taped down.
- II. The pump is usually carried on the body using a belt or should holster. Overnight use if the most convenient for the patient.

The Desferal® Solution should not be stored for longer than 24 hours at room temperature (not to be stored at temperatures exceeding 23⁰ C).

Instructions for Patients – SC Bolus Injection

Patient Instructions for Drawing Up Desferrioxamine (Desferal®)

- I. The water for injections is drawn into a syringe (-25 mls per 500 mg vial of Desferal®).
- II. After cleaning the rubber stopper of the Desferal® vial with alcohol, the content of the syringe is injected into the vial.
- III. The vial is well shaken to dissolve the medicine.
- IV. After re-cleaning the stopper with alcohol, the dissolved medicine is drawn in the syringe.
- V. A fine tip needle is then attached to the syringe and the empty space in the needle is then filled with the injection solution.
- VI. For injection, the needle may be inserted under the skin of the abdomen, the arm, upper leg or the thigh.

It is important to clean the skin very thoroughly with alcohol before the needle is inserted.

The Deseral® Solution should not be stored for longer than 24 hours at room temperature (not to be stored at temperatures exceeding 23⁰C).