

Oral Chemotherapy Regimen Information

Cyclophosphamide, Thalidomide, Dexamethasone

For Multiple Myeloma

Reference: Morgan et al, Haematologica. 2012; 97(3) 442 – 450 (modified to minimise toxicity)

Patient details

Height	cm
Weight	kg
Body Surface Area	m²

Treatment cycle frequency: 42 days

Intended No of Cycles:

Medication	Route	Starting Dose	Frequency
Dexamethasone 40mg	PO		Once a week, one hour before cyclophosphamide
Cyclophosphamide 300mg/m ²	PO		Once a week
Thalidomide 100mg	PO		Daily, continuously

Starting dose modified Reason: _____

Supportive Care (delete any not applicable)

Antiemetics:

- Domperidone 10mg FOUR times a day as required
- _____
- _____

Thromboprophylaxis:

- Aspirin EC 100mg daily OR
- Warfarin as per INR (Target INR 2 – 2.5) OR
- Enoxaparin 40mg subcutaneously daily
- _____

Antimicrobial Prophylaxis:

- Aciclovir 400mg twice daily
- _____
- _____

Clinician: _____

Date: _____

Further general information for health professionals is available via the HealthPathways website.

NOTE: This information leaflet is not a prescription. It aims to communicate the starting point of treatment. Future doses or duration of treatment may be altered to account for toxicity. Please contact the clinician name on this document if you have any concerns.