

Oral Chemotherapy Regimen Information

Cyclophosphamide, Bortezomib, Dexamethasone

For Multiple Myeloma

Reference: Reeder et al. Leukaemia 2009 Jul; 23(7): 1337-41. (Doses of dexamethasone and bortezomib reduced based on subsequent data showing similar efficacy and reduced toxicity with reduced doses)

Patient details

Height	cm
Weight	kg
Body Surface Area	m²

Treatment cycle frequency: 42 days

Intended No of Cycles:

Medication	Route	Starting Dose	Frequency
Bortezomib 1.5 mg/m ²	SC		Once a week . Given in hospital
Dexamethasone 40mg	PO		Once a week on day of bortezomib
Cyclophosphamide 300 mg/m ²	PO		Once a week on day of bortezomib

*Note: Dexamethasone should be taken at least 1 hour prior to cyclophosphamide to for its antiemetic effect

Starting dose modified Reason: _____

Supportive Care (delete any not applicable)

Antiemetics:

- Domperidone 10mg FOUR times a day as required
- _____
- _____

Antimicrobial Prophylaxis:

- Aciclovir 400mg twice daily
- _____
- _____

Clinician: _____

Date: _____

Further general information for health professionals is available via the HealthPathways website.

NOTE: This information leaflet is not a prescription. It aims to communicate the starting point of treatment. Future doses or duration of treatment may be altered to account for toxicity. Please contact the clinician name on this document if you have any concerns.