

**Oral Chemotherapy Regimen Information**  
**Bortezomib, Thalidomide, Dexamethasone**  
**For Multiple Myeloma**

Reference: Ladetto et al, JCO 2010; 28(12): 2077-84

Patient details
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Height	cm
Weight	kg
Body Surface Area	m <sup>2</sup>

Treatment cycle frequency: 42 days

Intended No of Cycles:

Medication	Route	Starting Dose	Frequency
Bortezomib 1.5 mg/m <sup>2</sup>	SC		Once a week . Given in hospital
Dexamethasone 40mg	PO		Once a week on day of bortezomib
Thalidomide 100mg	PO		Daily, continuously

Starting dose modified  Reason: \_\_\_\_\_

**Supportive Care** (delete any not applicable)

**Antiemetics:**

- Domperidone 10mg FOUR times a day as required
- \_\_\_\_\_
- \_\_\_\_\_

**Thromboprophylaxis:**

- Aspirin EC 100mg daily OR
- Warfarin as per INR (Target INR 2 – 2.5) OR
- Enoxaparin 40mg subcutaneously daily
- \_\_\_\_\_

**Antimicrobial Prophylaxis:**

- Aciclovir 400mg twice daily
- \_\_\_\_\_
- \_\_\_\_\_

**Clinician:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Further general information for health professionals is available via the HealthPathways website.

NOTE: This information leaflet is not a prescription. It aims to communicate the starting point of treatment. Future doses or duration of treatment may be altered to account for toxicity. Please contact the clinician name on this document if you have any concerns.